



## HealthCare Professionals Survey Participant Information Leaflet

**Title: Obesity Stigma Education for ALL (OSE4ALL); Co-design of an interprofessional e-learning resource to support destigmatisation of obesity among healthcare professionals.**

**Principal investigator:** Assoc. Professor Dr Gráinne O'Donoghue

**Lead Clinical Investigator:** Dr. Jean O Connell

**Lead Investigator:** Dr Fiona Curran

**School:** School of Public Health, Physiotherapy and Sports Science, University College Dublin

**Funding:** Health Research Board (HRB); Applied Partnership Award (APA-2022-034)

### **What is this research about?**

The overall study aims to investigate attitudes to obesity among HealthCare Professionals (HCPS), HCP Educators and HCP students in the Irish context and to co-design and test an effective evidence based eLearning resource to support destigmatisation of obesity in healthcare.

This part of the study is investigating HCPs attitudes to obesity. The survey is expected to take approximately 30 minutes.

### **Why are we doing this research?**

To investigate the management of obesity in Ireland, we are interested to find out the attitudes of HCPs towards people with obesity as part of the overall study. The aim of the study is to understand experiences and views about the management of people with obesity and generate insights on how to improve weight management.

### **Why have you been invited to take part?**

You have been invited to take part in this research because you are a HCP from one of the following professions identified in the model of care for obesity; medicine, nursing, dietetics, physiotherapy, occupational therapy, psychology, social work, pharmacy or radiography.

### **How will your data be used?**

All data we gather will be anonymous. We will not ask you for identifying data and any potentially identifying data will be removed before analysis. All data will be analysed at a group level and will be used included in the analysis. The results of the study may be published in a scientific peer reviewed journal and presented at national and international conference.

When the study is complete the anonymous dataset will be deposited in a secure repository and be available open access for re-use or comparison in future studies.

### **What will happen if you decide to take part in this research study?**

If you choose to take part in this survey you will be asked to declare that you have read the information leaflet and also that you consent to take part in the survey and for your anonymous data to be analysed and to be stored for re-use in a data repository after the study.

If you agree and consent to participation you will be asked some demographic closed questions followed by further closed questions to understand your beliefs and attitudes toward people with obesity.

### **How will your privacy be protected?**

No identifying data will be collected during the study. All data will be anonymous. Your anonymous data will be stored on a password encrypted University College Dublin computer and securely on UCDs Google Drive. Only the UCD research team will have access to the data during the study.

### **What are the benefits of taking part in this research study?**

There are no direct benefits to you for taking part in this study. The combined results will inform future education of healthcare professionals about obesity.

**What are the risks of taking part in this research study?**

There is minimal risk to participation. We will ask about your beliefs and attitudes towards obesity and we will ask briefly about your own bodyweight. Some people may find this upsetting.

**Can you change your mind at any stage and withdraw from the study?**

Participation is entirely voluntary and you can withdraw at any time without prejudice.

Once you have completed the survey, we will not be able to exclude you from the study, since all data gathered is anonymous.

**How will you find out what happens with this project?**

We hope to publish the results of the study in a scientific peer reviewed journal and at national and international conference. We will also provide links on the website and the websites of collaborating partners.

**Contact details for further information**

Further information is available from

Dr. Fiona Curran [fiona.curran@ucd.ie](mailto:fiona.curran@ucd.ie)

or at [ose4all.ie](http://ose4all.ie)

**Please take as much time as you need to think about the study before you proceed.**

If you wish to seek support services following completion of this survey please contact HSELive on 1800 700 700 where they will direct you to the most relevant service for you.

[Take the survey](#)